These warm-up exercises are similar to those that have been published for the last 100 years or more. Brass players have been warming up on long tones, lip slurs, scales, and tonguing exercises for at least as long as modern instruments have been around.

In this short volume I have added my own variation on these methods, leveraging the work of trumpet and cornet masters such as J. B. Arban, Max Schlossberg, Herbert L. Clarke, and others.

A few minutes spent warming up before playing will help warm the muscles of the face, body and fingers, steady the airstream, center the tone, and help maintain your range and flexibility. They also help to put you in a frame of mind to begin to focus on making music. Take deep, relaxed breaths and sit or stand with good posture throughout all the exercises.

Pick a few of the studies from each section for a good warm-up. If you play the whole book, it takes about 30 minutes. Rest for a few minutes after your warm-up before continuing your practice session.

Available online at www.ultrapureoils.com, along with other sets of educational materials especially written for trumpet players. It is also available at www.sibeliusmusic.com.

Any questions, write to ken@ultrapureoils.com.
1. Long Tones

Slow \( j = 40 \)

Daily Warm-Ups for Trumpet

Copyright © 2006 by Ken Saul
2. Lip Slurs

\[ \text{Tempo} = 60 \]

\[ \text{Tempo} = 60 - 160 \]

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3. Scales

Repeat 2 or 3 times
4. Tonguing

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